

## Nursery – Daily Challenges

**Wednesday 25th March**

<b>Fine motor</b>	On one page in the work book we sent home, draw around your hand. Can you add finger nails to this picture.
<b>Gross motor</b>	Jog on the spot for 1 minute. Can you feel your heart pumping?
<b>Reading</b>	Choose a book and share it with your grown up.
<b>Self-care</b>	Show your grown up how you wash your hands properly to be a 'soaperhero'.
<b>Speaking</b>	Talk about things we need to do to keep healthy. For example, healthy eating, keeping clean, sleeping, exercise.
<b>Number</b>	Go on a number hunt around your home. Which numbers did you find?