

Express yourself!

All children and adults are invited to wear clothes that fit the Children's mental health theme 'express yourself' on Friday 5th February. Whether you are at home or school, we can't wait to see what you wear!

St. William's Primary School

Devices



We understand that the way we are delivering remote learning this time around is very device dependent. We do want any families not accessing our offer due to technology difficulties. Please do get in touch with us if you need support with devices/broadband etc.



CHILDRENS

& ADULTS!

MENTAL HEALTH WEEK



Monday 1st February to Friday 5th February
EXPRESS YOURSELF!

Next week marks Children's Mental Health Week across the UK. Place2Be launched the first ever Children's Mental Health Week in 2015 to shine a spotlight on the importance of children and young people's mental health. We know that many of us are finding things hard at the moment, understandably, and while we want nothing more than to go back to 'normal', we know we all have to work together to get through this. Next week gives us an opportunity to reflect on how WE ARE ALL feeling (that is you too parents!) and explore ways to share feelings, thoughts or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good.

It's important to remember that being able to express yourself is not about being the best at something or putting on a performance for others. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.

For Children's Mental Health Week 2021, we will be encouraging children (and adults) to explore the different ways we can all express ourselves and the creative ways that we can share our feelings, our thoughts and our ideas. We would love to make a school video of all the things the people in our community enjoy doing. If you would like to share a video (no more than 30 secs) or photograph of your child doing something they enjoy, please send to office@st-williams.norfolk.sch.uk We will then mash them together in a film to share. We hope to get the children doing many things where they can express themselves next week as part of our remote learning offer and daily assemblies.

What if Tapestry or Microsoft Teams is not working?

<https://www.st-williams.norfolk.sch.uk/year-pages/>

Every Monday we are posting an overview document on our school website for every year group which will give you some information for the week ahead and some activities, if needed. We want everyone to do what they can but we know some days will be easier than others.

This will include a range of different websites and resources available; these may be useful on those 'trickier' days when: 'Something is better than nothing!'

 @WeAreStWilliams

& Find us on Facebook
#WeAreStWilliams



How is it going?

Before half term, we will send out an invite to all parents/children to arrange a Teams meeting to see how remote learning is going. Please look out for an email on how to book a meeting. Meetings will take place in the weeks commencing 22.2.21 and 1.3.21.

st-williams.norfolk.sch.uk

CBBC

Online - learning resources for children of all ages can be found on the BBC Bitesize website.

TV - programming for primary school pupils is on CBBC between 09:00 and 12:00 every weekday.

Red Button - the Bitesize Daily lessons are also shown on the Red Button service on TV.

iPlayer - all episodes are available on catch-up, via iPlayer.



Birthdays

Happy Birthday to the following children who have celebrated a birthday this week:

Jenson, Jack, Priya, Saffron, Oliver, Dasiy, Maia. Happy birthday to Mia for tomorrow too.

We hope you enjoyed your special day!

