HEALTHY FRIENDSHIPS PROJECT IMPACT REPORT
St William's Primary School – Norfolk
Summer Term 2022

Evaluation Results

As part of each project Tender delivers, we robustly evaluate the changes in attitude that identify the impact of our work through surveys. We also gather information from young people about their understanding of healthy and unhealthy friendships and relationships.

Below is a set of results from this process, highlighting the impact our work had on **60** young leaders from Year **6** at **St William's Primary School**, and the response of the audience of young people they shared their learning with via a presentation at the end of the project. The project aims to help pupils:

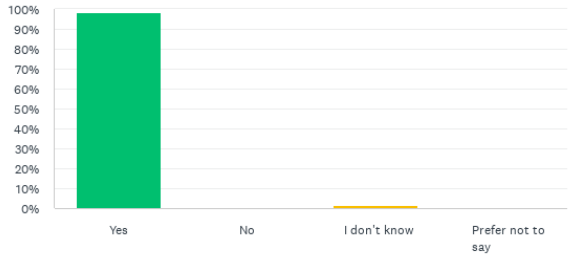
- Identify what makes healthy and unhealthy friendships and relationships
- Identify safe and unsafe touch, and learn the NSPCC Underwear Rule
- Recognise their rights as children and developing human beings
- Explore expectations around gender and equality
- Recognise the effects of bullying and develop empathy
- Offer appropriate support to their peers and seek support if they need it

Young Leaders' Responses

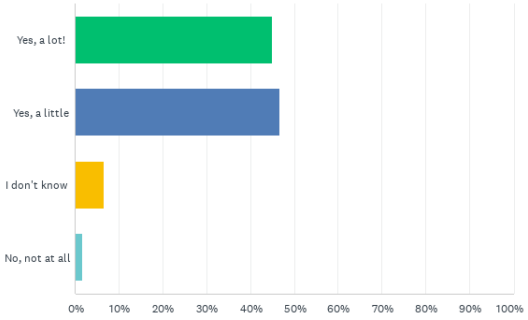
By the end of the project:

- **95%** of students reported that, when at school, they could talk to **a Teacher** if someone makes them feel unsafe.
- **90%** of students reported that, when at home, they could talk to **a Parent** if someone makes them feel unsafe.
- **97%** of students stated that is **NEVER** okay to be violent towards someone.

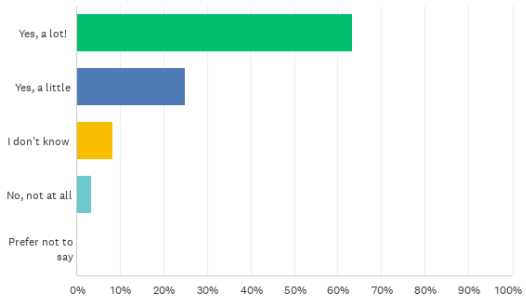
Q9 If someone does something that makes you feel unsafe, do you know who you can talk to?



Q12 I liked taking part in the project:



Q13 I have learned from this project:



Project Efficacy:
Following the project, facilitators were delighted to see that respondents were able to identify what constituted a healthy or an unhealthy friendship.

'A good friend is someone who…'

"Is kind, fun, honest, responsible and respectful" **– Female, 11 Years Old**

"Is always by your side and will always be there for you and someone you can trust" **– Female, 11 Years Old**

"Helps when you're sad. Doesn't ask you to do strange things. Has sensible fun with you." **– Female, 10 Years Old**

Students also engaged in learning about **personal space boundaries** and **safe and unsafe touch** via the **NSPCC "PANTS" Rule**, designed to help children recognise and protect themselves from potential abuse.

Participants were also educated about their rights – a topic they proved particularly passionate about – which included a discussion and raised awareness of **online safety** and the dangers of taking/sharing inappropriate photos, delivered in an age-appropriate format.

When asked if they had one thought about what they had learnt during the project, students gave an enthusiastic range of responses:

"You need to be nice and caring towards others and talk about stuff that concerns you"
– Male, 11 Years Old

"The ChildLine number: 08001111"
– Female, 11 Years Old

"The P.A.N.T.S. rule. Red flags. Rights"
-Male, 11 Years Old

Peer Learner Responses

Upon sharing a presentation on what they had learned to **56** of their peers, the audience reported the following:

- **95%** enjoyed the assembly presentation.
- **79%** said that if somebody did something that made them feel unsafe, they knew who they can talk to.
- **86%** felt that if a friend came to them for help they would know what to do.

Teachers' Evaluation

We received overwhelmingly positive feedback from the teachers who were in the room for the duration of the project:

Teachers stated that the overall delivery of the project was of an EXCELLENT quality.
The administration of the project was also described as being of EXCELLENT quality.

"A better understanding of some ideas about maintaining friendships. Some of the scripts are really useful. It's also good to have reinforcement of ideas like safe touch & PANTS. Hopefully, more confidence to talk to each other." **– Male, Class Teacher**

"Confidence to discuss important issues Assurance in trusted adults. Reminder of PANTS rule. An understanding of empathy." **– Male, Class Teacher**

We were made to feel very welcome at **St William's Primary School.** The school were really supportive and accommodating, especially in the busy summer months. The pupils were thoughtful and focussed and delivered knowledgeable and confident presentations.

We look forward to continuing to work with **St William's Primary School** in the Autumn Term and beyond.